

How to Step In to Help Foster Families



Supporting the Foster Care community.

"Religion that God the Father accepts as pure and faultless is this: To look after orphans and widows in their distress and to keep oneself from being polluted by the world." James 1:27

Thanks for choosing to support the Foster care community. At ARK Australia we believe that many are called to step into Foster Care or Adoption, but *everyone* is called to do something.

Foster Care gives true meaning to 'it takes a village to raise a child'. There are likely a number of people involved in a foster child's life; biological family, social workers, therapists, and more. Balancing the load of appointments, contact and providing great care can weigh heavy on foster families. Your support can mean the world to a family, while as a village, we make sure that each child knows that they are worth it.

Right now, there are over 48,000 children in Foster Care in Australia, and God knows the name of every single one of them. The need is great and we believe that together, the church in Australia can be a beacon of light and bring about transformation and healing to a hurting world.

Thank you for partnering with Ark Australia to make a difference in the lives of children in our community.

Practical Support suggestions.

- Check in on your foster family regularly. Would they prefer text, email, or phone calls?
- Reach out to your foster family if you are running errands and ask *what* they need (not if they need anything!)
- Find out what your foster family's busiest day of the week is and make or order them a meal that day and deliver it.
- Ask if you can fold washing or clean up the kitchen.
- Offer to play with the kids for an hour or two (and let mum or dad have a bit of time to themselves)
- Send Mum and Dad on a date night.
- Spend a few hours helping clean up the garden and yard regularly.

Prayer Support

"My Grace is sufficient for you, for My power is made perfect in weakness."
2 Cor 12:9

Let your Foster family know that you are praying for them. Send them a text and ask for what is making them anxious and where they need God to move mountains. Perhaps set an alarm on your phone to remind you to pray for them daily.